

Patchworks

SUMMER 2021

THE CABBAGE PATCH SETTLEMENT HOUSE



As in 2020, this summer at The Patch offered much-needed fellowship and structured programming to children living in a largely virtual world. Young Leaders Camp welcomed the newest group of Teen Leaders and introduced them to the five principles of The Patch's leadership development model. On the very first day of camp, one participant said, "My goal is to be the best leader I can be!"

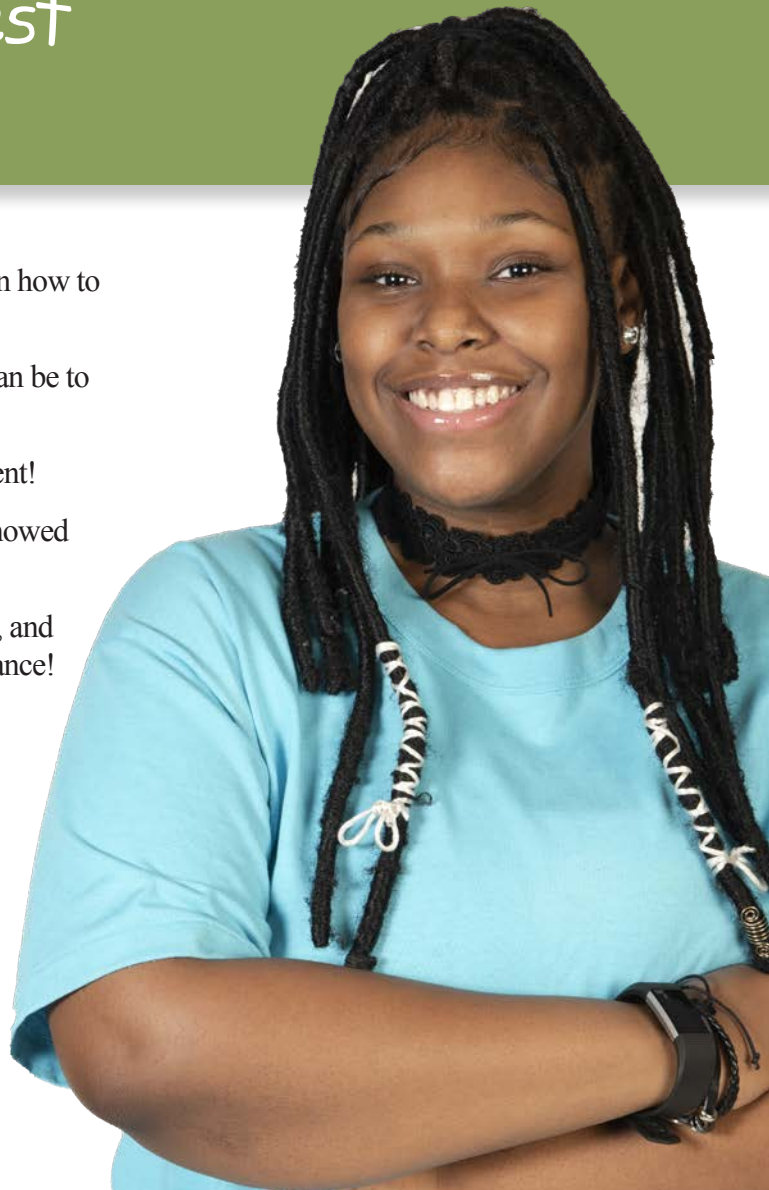
"My goal is to be the best leader I can be!"

Leadership development at The Patch included:

- Communication: Role playing games provided instruction on how to talk with important people!
- Cooperation: Cooking challenges showed how delicious it can be to work together!
- Commitment: Obstacle courses challenged teens to be resilient!
- Career Readiness: Educational and vocational exploration showed that there is a path to success for everyone!
- Confidence: Working with a therapy dog in training was fun, and showed the importance of giving commands with self-assurance!

During an obstacle course exercise, one camper held back, asking for a break from all the activity. As she watched her fellow campers struggle with the challenge, however, she began to see solutions that they could not. She brought a "big picture" perspective to the others and joined in the problem solving, ultimately spearheading the completion of the exercise!

Thank you for helping each child find their unique way of being a leader through your generosity. You are an important part of a Patch guiding principle: "Value the inherent worth of each individual as a child of God, deserving of our best efforts."



Collaboration is Key!

The Cabbage Patch works to solve a variety of complicated problems for our families, and one of the ways that we can get the best results is to seek collaboration outside of our organization. Metro Christian Legal Aid (MCLA) is one collaborator that has helped us move mountains!

Rachel* has been taking care of several of her grandchildren since her daughter died several years ago. Her 13-year-old grandson is a member of our Recreation and Education programs, and the family was a part of our Christmas Assistance program last year. We have also helped her with food assistance and rental assistance. The kids were able to attend one of our camps this summer.



Working together to overcome life's challenges!

Unfortunately, the fathers of the children have little contact with them and are not a part of their lives. Through the years, Rachel never had any formal legal paperwork from the court system showing that she has full custody of the kids. Now that the kids are getting older, she finds that she needs to have formal documentation to show that she has custody of the children.

She talked to a few attorneys about her situation, and found out that there was no way she could afford their retainer fees (\$800-1500). She mentioned what she was trying to accomplish to The Cabbage Patch's Doug Holm, and he put her in touch with MCLA. The attorney from MCLA is giving his time and the only fees she may need to pay are court costs. "Thank God for you all," was what she said after we got her in contact with the attorney.

Thank you for supporting people like Rachel and her family. The Cabbage Patch Family Development Department is a unique resource that always provides solutions when there seems to be nowhere to turn.

**Names changed to protect the privacy of those we serve. Photo for illustrative purposes only.*

Volunteers make our Patch Parents program great! Contact Chelsea at 634-0811 if you would like to help make a profound difference!

Mindfulness is a Must!

2020 was a year when young people had to adapt to a variety of new and stressful situations, and recovery from all the uncertainty and adjustments continues into 2021. We know that children often have very strong emotions long before they have learned to cope with them. Fortunately, we also have a variety of techniques to support children and encourage them to be compassionate with themselves and their community.

Behavior Intervention Specialist Micah Wilson has created a sanctuary for mindfulness with some donated yoga mats, worksheets for reflection and a variety of art supplies that facilitate creative exploration. Children were particularly intrigued by the “Worry Box” project. Each young Patch member received a box to decorate and personalize, and it was to be used to hold notes about things that worried them. The “Worry Box” is a great way for young people to start identifying their emotions and dealing with them in a purposeful way.



“Do I have to read mine out loud?” One Patch member was a little concerned about sharing his worries, but Ms. Micah assured him that this project was just for him, and he could write about anything he needed to work through.

The act of decorating the box helps the child develop a feeling of ownership and a sense of control when they experience strong feelings. Writing the worries down helps them to acknowledge and address those feelings. Finally, destroying the paper on which the worries are written helps children release those big emotions.

Mindfulness activities were provided to the children of The Patch daily during the summer camp season. It was a welcome respite and an opportunity for our children to achieve inner peace!

How Can I Help?

If you enjoy reading these stories of changed lives, we want you to know that you can also help make them happen. Here are a few ideas...

Top 5 Most Needed School Supplies

- Backpacks for High School Students
- 1 Subject Notebooks (wide-ruled & college-ruled)
- Folders (two-pocket with prongs, two-pocket without prongs)
- Composition Notebooks (wide-ruled & college-ruled)
- Pens & pencils

Contact: Doug Holm,
dholm@cabbagepatch.org or 753-4434

School Supplies

Donation Needs:

- Backpacks – no wheels (we need durable backpacks for middle & high school-aged students)
- Colored Pencils
- Composition Notebook (wide-ruled, college-ruled)
- Erasers (pencil top are the favorite type)
- Folders (two-pocket with prongs, two-pocket without prongs, solid colors only please)
- Glue Sticks
- Graphing Paper
- Hand Sanitizer
- Loose-leaf paper (wide-ruled, college-ruled)
- 1 Subject Notebooks (College-Ruled & Wide-Ruled)
- Pens (black, blue, red)
- Pencil sharpener (handheld)
- Pencils (#2 pencils, mechanical)

Did you know?

You can sign up for **Kroger Community Rewards** and a portion of your purchases will support The Cabbage Patch!

Shop **Amazon Rewards** to support The Patch! This site functions just like Amazon, but you can designate The Cabbage Patch as the charity to benefit from your purchases.



GOLF ROUNDUP

The 2021 Cabbage Patch Invitational Golf Tournament was a welcome return to in-person camaraderie for a good cause!

Congratulations to Team Hilliard Lyons Trust, A Baird Company - the winning golfers!

We are grateful for all the sponsors who made this event a great success, including Eagle Sponsors **Commonwealth Bank and Trust, Kosair Charities and CMTA**. Supporters of this event make a profound difference in the lives of local children and families.



Fruit of the Spirit Ripens at The Patch!

The children of The Cabbage Patch have so much potential to lead their communities with humble hearts. Patch staff members often hear: “Can we do something for others? How can I help? I want to make a difference!” With the support of our new partner Coca-Cola Consolidated, Inc., we have had the opportunity to expand our leadership development programs, including the addition of our new Fruit of the Spirit curriculum. This new initiative helps young people grow into stronger servant leaders.

Based on the Fruit of the Spirit from the Bible, youth have the opportunity to see commonly named traits framed in a Christ-focused perspective. Through the use of journals we help members develop a stronger sense of their spirituality. The Fruit of the Spirit listed below (with focused programs included) are ways of being that are gifts provided by God as signs of growth. Like any fruit, it is a process of ripening, the same as it is with lifelong Christians. Ripening is a process that The Patch knows well!

Love - Participants will learn how to demonstrate God’s self-giving love to others in positive, healthy ways with a foundational recognition that they are loved. (Teen Club, BAYA, Middle Schooler’s Club)

Joy - Participants will learn the importance of engaging in acts which bring them intense happiness, and sharing that God-given happiness with others. (Performing Arts, Craft Class, Athletics, Seed to Table)

Peace - Participants will learn the value of a calm and peaceful outlook on life, and how God’s Peace “surpasses all understanding.” They will learn how practices such as spiritual meditation, mindfulness, and reflection benefit their mind, body and soul! “Be still and know that I am God.” (Mindful Mondays, Yoga, Martial Arts)



Patience - Participants will learn the value of patience, both with themselves and others. Patience is a feeling of trust and closeness to God that brings comfort. It is a skill that is even better when shared. (Drawing Club, Step Team, Intramurals, Seed to Table)

Kindness - Participants will learn to show Christ’s love through acts of kindness. Kindness comes from the attitude that everyone around you is worthy of kind treatment. And so are you. (Young Leaders, Junior Leaders, BAYA, Birthday Club)

Goodness - Participants will learn to value justice, be thankful, and to treat others with charity. Goodness is born from who we are, the image of God present in each of us. (Young Leaders, Junior Leaders, Philanthropy Clubs)

(continued on next page)

Mary Ann Coleman Duddy Memorial

Established in 2018 by Mary Ann’s estate. Both Mary Ann and her mother, Polly Porter Coleman, were long-time supporters of The Patch. The Duddy and Coleman family tradition of lifting the burden of poverty from at-risk children and families in their beloved Louisville will continue in perpetuity thanks to the generosity of Mary Ann. Her six children have continued this tradition by establishing this endowment in her name.



NAMED FUND - Be brilliant in perpetuity!

- Named funds may be established for the purposes of Overall Mission Support, Recreation/Youth Development, Educational Opportunities or Building Preservation.
- Until December 2021, a gift of \$10,000 (paid over 2 years) is required to establish a named fund; beginning in January 2022 the minimum required to establish a named fund will be raised to \$20,000.
- When establishing a named fund through an estate plan, the required minimum will be dictated by board policy at the time the gift is realized.

For more information contact:
Jennifer Scott, 502-753-4446,
jscott@cabbagepatch.org

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Gentleness - Participants will learn to demonstrate a Christ-like humility and to be considerate of others. Embracing gentleness is a refusal to use power to hurt anyone – a choice to do no harm. (Middle Schoolers Club, Teen Club, Seed to Table)

Faithfulness - Participants will learn God’s faithfulness to us is eternal, and the importance of sticking to your commitments, being trustworthy, and keeping your promises. (Young Leaders, Junior Leaders, High Adventure, Junior Adventure)

Self-Control - Participants will learn how to control their emotions and keep themselves in check through discipline. Programs will emphasize good sportsmanship, self-regulation, and emotional awareness. They will be shown that self-control allows us to hear and discern God’s voice. (Mindful Mondays, Patch Con, Video Game Club, Intramurals)

We are thankful for supporters like Coca-Cola Consolidated, Inc., who help us continue improving our service to children and families!

Bob Willis



“People tell me I’m retired,” says Bob Willis, but his community service tells a different story. He is active with the Team Shaan Foundation in memory of his late son and daughter, volunteers with the VA hospital and mentors Oldham County high school students. Add to that his work in commercial insurance and his involvement in the United States Tennis Association, and it seems amazing that he has any time left to serve on The Cabbage Patch Board of Directors. However, The Patch holds a special place in his heart and he brings an important perspective to the Board as a Patch alumnus.

Bob and his wife Marita both grew up in the Park Hill neighborhood, a place where many Patch members live today as well. His friend Lonnie Turner encouraged him to start coming to The Patch, and Bob agreed when he learned that there was a basketball court! “The Patch gave me the opportunity to get outside my normal environment and see new things,” Bob says. “Lonnie knew that I needed that opportunity.”

Bob’s favorite activities at The Patch were athletics, and he benefited from the community and mentorship that is part of the recreation program. “I live by affirmations,” he says. I remember as a kid, I would see messages of

encouragement all over The Patch, and when I was off track those affirmations would put me on track again. To this day I find affirmations and keep them around for inspiration and support.”

“I remember as a kid, I would see messages of encouragement all over The Patch, and when I was off track those affirmations would put me on track again.”

Bob has experienced firsthand the lifelong enrichment that The Patch strives to provide. “The resilience that children learn at The Patch will serve them throughout their life,” Bob says. “I’m a tougher person because of the tough times I’ve been through. But The Patch helped me develop trust in my intuition, which helped me become a leader. I treat others the way I want to be treated and follow the golden rule.”

Rev. Tracy Holladay

Tracy Holladay's 36 years of service to The Patch were not enough for him; he and his wife Debbie have chosen to provide an estate gift to the **Tracy Holladay Overall Mission Support Endowment Fund**.

When Tracy was hired in 1984, founder Louise Marshall had only recently passed away, leaving the operations somewhat informal and antiquated. Tracy's modern vision has transformed The Patch into the steadfast institution that it is today. He faithfully upheld Miss Marshall's mission while adapting to the changing times. Tracy's legacy will continue to support the children and families of The Patch through planned giving.



PLANNED GIVING - Shine light as your legacy for the future!

What legacy do you want to leave? What story about your life values do you want remembered by your family? Have you considered making The Cabbage Patch Settlement House part of your estate plan?

The good news about most estate gifts (e.g. insurance designation, retirement account/IRA designation, wills, etc.) is that they are simple and flexible to make. As a revocable intention you can make changes in the future if your needs or the needs of your family change.

Consider leaving a percentage of your estate (like 5% or 10%, etc.) or a set amount (like \$30,000 or \$100,000, etc.) through your will or retirement/IRA designation.

Be sure to use our full and legal name (The Cabbage Patch Settlement House) when including The Cabbage Patch in your estate plan.

Share your plans with us! Knowing about your future intentions help The Patch plan for the future and celebrate your commitment as a member of the 1910 Society.

For more information, contact Jennifer Scott at 502-753-4446 or jscott@cabbagepatch.org to talk more about possibilities.



Thank you to the following **donors** who made gifts to The Cabbage Patch in **memory** of others from May 1, 2021 to July 31, 2021.

Mrs. Maude D. Baker

Mr. Walter E. Johnson
Mr. Kenneth L. Karem
Joanne and Charlie Owen
Shirley and William Rutledge

The Ballard Family of Country Lake Camp: Everett, Martha & Jeanne Ballard and Anne Ballard Hill

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Ruth and Jim Wagoner

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Delores Huffman

Clay and Callie

Mr. and Mrs. Arthur C. McCarty, Jr.

Elizabeth "Bunch" Sanders Griffin

Eleanor Griffin
Mrs. Donald F. Kohler, Sr.

Sally Jones

Harvey Browne Presbyterian Church



Memorials continued

John Fenton Kottkamp

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V. V. Cooke Foundation

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Anonymous

Sherry Bluck Wakefield

Dr. and Mrs. Charles H. Huber

Jeanie Wilson

Ed Wilson

*Thank you to the following **donors** who made gifts to The Cabbage Patch in **honor** of others from May 1, 2021 to July 31, 2021.*

Mrs. Thames Palmer-Ball

Ida Palmer-Ball

Dr. William P. Peak

Anonymous

Mrs. Charles (Jerry) Pence

Susan Jones

Mrs. Caroline Reid

Barbara Reid and David Hyman

Betty Jean Rich

Theodore Rich

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Mrs. Patricia Pasley

Janet Raderer

Peggy Duane





Thank you to the following **donors** who made gifts to The Cabbage Patch in **special honor** of others from May 1, 2021 to July 31, 2021.

for the birthday of Anita Barbee

Friends of Anita

in honor of Father's Day for Mr. Alvin Cassidy

Ms. Gerri A. Cassidy

in honor of Mother's Day for Lourdes Halliday

Culver Halliday



Behavior Intervention Specialist Micah Wilson was honored with a 2021 Young Professionals Association of Louisville award. YPAL representatives said: "This is someone who is putting in the work and charting her own path."

for the birthday of Gail R. Henson

Susan Henson Baker

Terri Connolly

Linda Cowan

Mr. Robert Davis and Dr. Susan Davis

Dr. Barbara Isaacs

Mr. and Mrs. Gregory L. Mauldin

Dr. Maureen Norris

for the birthday of Janet Raderer



Susan Henson Baker

Mr. Clarence E. Henson and Dr. Gail R. Henson
Doug and Anna Gray Slagle

**in honor of 30 years of service to The Cabbage Patch
for Jennifer Scott**

Mr. and Mrs. Ernest Dreher, III

Mike and Buff Fallot

Lea Fischbach

Bill and Susan Grubbs

Rebecca Heid

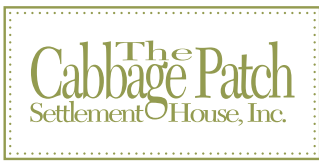
Mrs. Patrice E. Paton

Lynn and Henry Sanders

Susan and Chip Snyder

Edie Wells

Anne Wunsch



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 LOUISVILLE, KENTUCKY 40208
 CABBAGEPATCH.ORG
 502.634.0811

The Cabbage Patch is a Louisville charity meeting the needs of local at-risk children and families. Because The Cabbage Patch is not a Metro United Way agency and chooses not to participate in funding streams that can create dependency, such as government grants, we must rely on individual donors like you to finance our programs. **Won't you please help by giving generously?**

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RISE and SHINE

Save the Date!

Wednesday, March 9

Mellwood Arts Center Davinci Room

8:00-8:30 AM Registration and buffet breakfast

8:30-9:15 AM Program

ONLY \$10 per person

Together, we have accomplished amazing things in the lives of at-risk children and families. Join us in celebrating You...our donor family!

